



# **2022 ASAP Plan**

**A Safety Awareness Program (ASAP)**

**South Boulder Little League**

**Boulder, CO**

**04060203**



## **1. League Safety Officer**

Julie Tuerk, 303-246-7091

## **2. Distribution of Plan**

SBLL will distribute the digital copy of this manual to all Managers, coaches, and league volunteers. A copy will be available in the snack shack.

## **3. Emergency Contact Information**

### **a. Emergency Phone Numbers**

Emergencies: 911

Local Police: 303-441-3333

Local Fire: 303-441-3350

### **b. Key Officials' Contact Information**

League President: Ali Haynes 303-775-6716

League VP & Fields: Seth Murphy 303-579-6967

League VP & Secretary: Megan Farooqui 303-818-2251

League Player Agent/Registrar: Renae Foxhoven 303-579-2558

League Player Agent: Steve Gimpel 303-499-4387



League Fields: Cheyne Keith 720-289-8264

League Treasurer: Amanda Murphy 303-579-6712

**c. Fields and Addresses:**

**A7**, 3805 Aurora Ave, Boulder, CO 80303 (field behind BCSIS and High Peaks schools)

**Martin Park**, Eastman & South 36th St., Boulder, CO 80305

**Eisenhower**, 1220 Eisenhower Dr., Boulder, CO 80303

**New Vista**, 700 20th Street, Boulder, CO 80302

**Manwaring Field**, 1500 Knox Dr, Boulder, CO 80305

**Eldorado PK-8**, 3351 Indiana Street, Superior, CO 80027

**d. In case of life-threatening situation or injury follow this procedure**

- Call 911
- Give the dispatcher the exact address and cross-streets of the field above.
- Stay calm and answer dispatch questions clearly
- Send someone to the street to flag down emergency personnel and direct them to the field.



- Stay on the phone until emergency help has arrived and the dispatcher tells you to hang up.

#### **4. Volunteer Screening**

All volunteers will be required to complete a required background check and supply proof of completion and a Photo ID to the league president.

#### **5. Fundamentals Training**

All coaches will be required to attend a fundamentals training.

#### **6. First Aid Training**

All coaches will be required to attend a first aid training on March 28, 2022. The first aid will be taught by a first aid trained medical professional.

#### **7. Field Inspection**

Coaches and managers will be required to walk and inspect the fields prior to all games and practices. Umpires will also be required to walk the fields and inspect for hazards before each umpired game.

#### **8. Facility Survey**

SBLL has completed our 2022 Facility Survey on-line.



## **9. Concession Stand Safety**

The menu shall be posted and approved by the League Safety Officer and President. Our concession safety procedure will be posted in the concession stand.

Enclosed is a copy of our concession stand safety procedure.

## **10. Equipment Inspection & Replacement**

In the pre-season, the League Safety Officer will inspect all existing equipment.

Equipment will be inspected and replaced regularly throughout the season

Coaches and umpires will inspect equipment before each use by players.

Don't just discard bad equipment: destroy it or make it unusable to stop children from attempting to "save it" from waste.

We recommend that coaches use a form to track equipment needs

## **11. Accident Reporting & Tracking**

The League will use the provided incident tracking form from the Little League website and will provide completed Accident forms to the Safety Officer within 24-48 hours of any incident.



Track "near-misses" as a proactive tool to evaluate practices and avoid future injuries.

Share information on accidents and "near-misses" with District staff.

[Click here to download the official Little League® Baseball and Softball Accident Notification Form \(AIG\).](#)

## **12. First Aid Kits**

Each manager's equipment bag will include an updated **First Aid Kit** and each manager shall be required to have it at every practice and game. First Aid kits are also located in each equipment box and the snack shack.

## **13. On Field Safety Rules**

South Boulder Little League will require ALL TEAMS to enforce ALL Little League Rules. Including:

- a. Proper equipment for catchers. Helmets must have dangly throat guard
- b. Catchers conducting warm up with coach at plate must wear helmet.
- c. Coaches cannot warm up pitchers.
- d. No on-deck batters. No player shall have a bat until it is their turn to bat.
- e. Bats for t-ball and rookies division should remain outside the dugout.
- f. Only authorized personnel—players, coaches and umpires—shall be on the playing field.



- g. For minors and above—On defense, no coaches shall be on field unless they have asked permission from the umpire by calling a time out. On offense, only first base and third base coaches are allowed on the field.
  - h. Bases will disengage on all fields.
  - i. All batters and runners will wear approved batting helmets. Batting helmets will be provided by the league for each team.
  - j. Teach runners to run on outside of the foul line.
  - k. Teach basemen to cover bases correctly.
  - l. Make sure every player properly warms up their arm.
  - m. Each coach has been notified of the weather application to help with tracking dangerous storms. A lightning detector is also located at our main complex.
  - n. All of our fields have protective covering on the top of fences.
  - o. Catchers must wear a cup and all other players are encouraged to do so.
- 14. Player data will be submitted to Little League International**
- 15. A code of conduct for our league, concession safety plan, and COVID-19 related procedures are attached.**

## Concession Safety Plan

### 1. Menu

SBLL concession menu will consist of only pre-packaged foods. For example, candy, bags of chips, canned soda, bottled water and Gatorade.

### 2. Cooking/Heating

There will be a limited offering of food that can be heated in a microwave and are not subject to spoilage. For example, large pretzels, popcorn, cups of mac-n-cheese. No foods that need preparation at the shack or at home may be used.

### 3. Refrigeration/Freezer

SBLL has a refrigerator/freezer in the snack shack. Anything purchased frozen will be kept in the freezer. Anything that is purchased refrigerated will be kept in the refrigerator. Sodas, waters, Gatorade and other drinks will be kept in the refrigerator. Ice will not be offered for any beverages.

### 4. Hand Sanitizer

The SBLL snack shack does not have running water. For that reason, only food that does not need to come out of the package will be served. Additionally, staff will still be instructed to use hand sanitizer.

### 5. Dishwashing

The SBLL snack shack does not have running water so only disposable utensils will be used.

### 6. Wiping Cloths

As the SBLL snack does not have running water a container of bleach wipes or bleach spray (to be used with paper towels) is kept in the shack. These wipes are used to clean the counters and microwave.

### 7. Food Storage

As all food is prepackaged, it will be stored in the wholesale boxes on shelves in the shed until either put out for sale or put in the refrigerator/freezer.



# **2022 SOUTH BOULDER LITTLE LEAGUE CODE OF CONDUCT**

## **Code of Conduct for Coaches:**

- I will place the emotional and physical well-being of my players ahead of a personal desire to win.
- I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- I will do my best to provide a safe playing situation for my players.
- I will follow and promote all health and safety procedures, including those related to COVID-19, set forth by the league and field providers.
- I will promise to review and practice the basic first aid principles needed to treat injuries of my players.
- I will do my best to organize practices that are fun and challenging for all my players.
- I will lead by example in demonstrating fair play and sportsmanship to all players.
- I will provide a sports environment for my team that is free from drugs, tobacco, and alcohol; and I will refrain from their use at all youth sports events.
- I will be knowledgeable in the rules and I will teach these rules to my players. I will use those coaching techniques appropriate for each of the skills I teach. I will remember that I am a youth sports coach, and that the game is for the children and not the adults

## **Code of Conduct for Parents, Family Members and their Guests:**

- I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this Parents' Code of Conduct.
- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event.
- I will place the emotional and physical well-being of my child ahead of a personal desire to win.
- I will insist that my child play in a safe and healthy environment.
- My family, players, guests, and I will follow all health and safety procedures, including those related to COVID-19, set forth by the league and field providers.
- I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- I will demand a sports environment for my child that is free of drugs, tobacco, alcohol, and will refrain from their use at all youth sports events.



- I will remember that the game is for youth - not for adults.
- I will do my very best to make youth sports fun for my child.
- I will ask my child to treat other players, coaches, fans, and officials, with respect regardless of race, sex, creed, or ability.
- I promise to help my child enjoy the youth sports experience by doing whatever I can.

## **Code of Conduct for Players**

- I hereby pledge to be positive about my youth sports experience and accept responsibility for my participation by following this Players' Code of Conduct.
- I will encourage good sportsmanship from fellow players, coaches, officials, and parents at every game and practice by demonstrating good sportsmanship myself.
- I will attend every practice and game that I can and will notify my coach if I cannot.
- I will expect to receive a fair amount of playing time.
- I will do my very best and listen and learn from my coaches.
- I will follow all health and safety procedures, including those related to COVID-19, set forth by the coaches, umpires, the league, and field providers.
- I will treat my coaches, other players, officials, and fans with respect regardless of race, sex, creed, or abilities and I will expect to be treated accordingly.
- I deserve to have fun during my sports experience and will alert parents or coaches if it stops being fun!
- I deserve to play in an environment that is free of drugs, tobacco, alcohol, and expect adults to refrain from their use at all youth sports events.
- I will encourage my parents to be involved with my team in some capacity because it is important to me.
- I will do my very best in school



# **SBLL Spring 2022 Return-to-Play Procedures**

## **Volunteers, staff, and players**

We will follow all requirements and recommendations of the CDC and state and local regulatory agencies related to group gatherings.

## **Illness Screening and Protocols**

SBLL follows guidelines set forth by the local school district and health department. These are subject to change.

### **Illness Protocols**

Parents/Guardians should follow [How Sick is Too Sick](#) - CDPHE's Illness Policy for Students and Staff in School and Child Care settings.

Students may return to play as long as the symptom(s) have been resolved for 24 hours unless the symptoms are caused by an illness that requires them to stay home longer.

COVID testing is recommended, not required, for anyone with COVID-like symptoms or a known exposure

COVID-like symptoms include:

Fever (100.4 and above), chills, new or worsening cough, shortness of breath, loss of taste or smell, sore throat, runny nose or congestion, muscle or body aches, headache, fatigue, nausea or vomiting, diarrhea

## **Masks and Additional Precautions**

Masks are not required at this time. However, this is subject to change and we will follow recommendations and regulations from the local health department and government.

Players, coaches, umpires, volunteers, and spectators must stay home if they or anyone in their household has tested positive for COVID-19 or are waiting on test results, are showing COVID-19 symptoms, or have had a close contact with a person who has tested positive for or who has symptoms of COVID-19.

Players should bring their own equipment, like gloves, hats, helmets, water bottles, and bats, if possible, to limit shared equipment.



If you or your child are at an increased risk for severe illness or have existing health conditions, take extra precautions and preventive actions during the activity or choose individual or at-home activities.

## **New Equipment Requirements**

Players should each have their own helmet, and should not share helmets. If you cannot provide a helmet for your player, please notify your player's coach or SBLL and we will provide a helmet that your player can use.

## **Positive COVID-19 Test or Exposure**

**Any individual who tests positive must isolate at home until:**

They have had no fever for at least 24 hours — without the use of fever-reducing medicines, AND

Symptoms are improving, AND

It has been at least 5 days since symptoms began

**If symptoms do not develop, count 5 days from when the test was administered**

Individuals should then wear a well-fitted mask for the next 5 days when around others. If they are unable to effectively wear a mask for an additional 5 days, they should isolate for the full 10 days.

\*A negative COVID test is NOT required to return after testing positive

**If exposed to a positive household member or other individual you should follow these quarantine guidelines based on your vaccination status.**

Up-to-Date or Exempt - Do not need to quarantine, should wear a mask around others for 10 days

Definition of Up-to-Date:

Ages 12 and older and have received all recommended vaccine doses, including a third dose if more than 5 months from the second dose

Ages 5-11 years and have completed a primary series of COVID-19 vaccines (2 doses)

Individuals are Exempt if they have had a positive COVID test within the past 90 days

Not Up-to-Date or Exempt:

Should stay home for 5 days from the last contact with the positive individual, test if possible and continue to wear a mask around others for 5 additional days

Household contacts that cannot separate from a known case, must start their quarantine on the last day of the known case's infectious period (day5).